

WISDOMTREE SOLUTIONS PRESENTS
LIFE COACH CERTIFICATION
5 Day program on Coaching Skills

OVERVIEW

Life Coaching is one of the fastest growing practices around the world. It deals with a variety of situations, from personal projects to business successes. By examining what is going on, discovering what the challenges are, and choosing a course of action to create a change. The program is five days of intensive learning with activities that are designed to empower you as a Life Coach.

Following is the structure of the program:

MODULE I – COACHING

- Structure of Coaching
- Ethics and agreement
- Structure of coaching sessions
- Coaching models
- Active Listening
- Feedback
- Meta Model III
- Linguistic Re-sourcing
- Exercise on above
- Needs Theory
- Maslow Hierarchy
- Personal needs – Six Needs

MODULE II – NEEDS AND PERSONALITY

- Interpersonal Needs
- William Schultz – People need people theory
- Meta Programmes
- Jungian Typology
- Personality Type Indicator
- LAB Profile

MODULE III - VALUES

- MPVI
- Changing Metaprograms
- Values
- Spiral Dynamics
 - Values Transitions
- Elicitation
 - From Motivational strategy
 - Values from Threshold
- Evaluation of Hierarchy
- Values Conflicts
- Values Elicitation Exercise

MODULE IV - STRATEGIES

- Changing Hierarchy
- Eye Accessing Patterns
- Strategies Intro
- Elicitation of Strategy
- Utilization
- Installation
- Change

MODULE V – LEVELS OF EXISTENCE

- Perceptual Positions – 5 step
- Neurological Levels